

# Are we Close to Solve the Mystery of Fragile X Associated Premature Ovarian Insufficiency (FXPOI) in FMR1 Premutation Carriers?

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**November 2016**



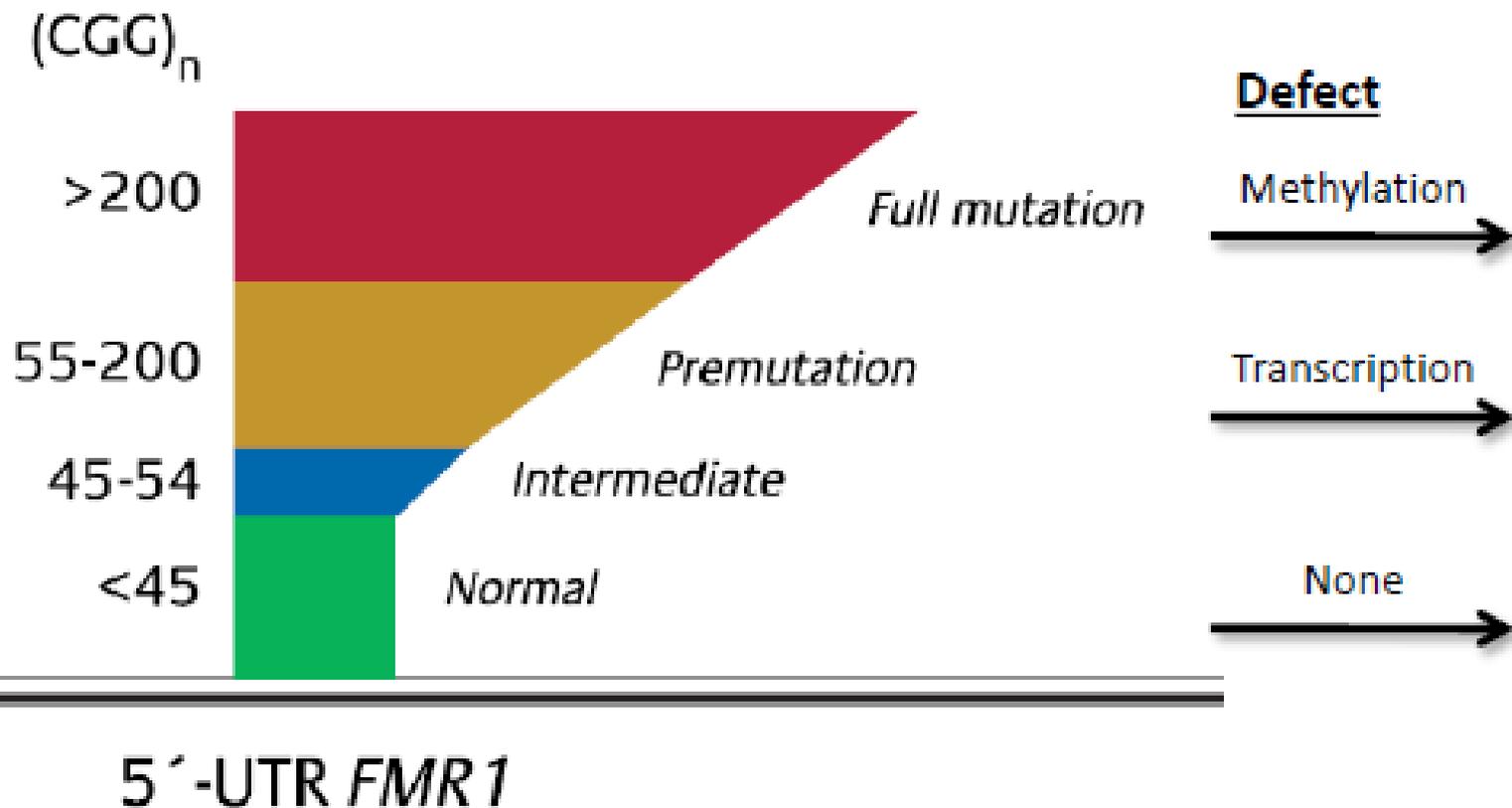
# Fragile X Syndrome

- CGG repeat expansions in the 5' untranslated region of the Fragile X Mental Retardation-1 (FMR1) gene
- Prevalence- 1:4000 males, 1:8000 females
- The most common single cause of inherited mental retardation
- 
- The most common known genetic cause of autism

# Fragile X Syndrome

- Patients with mental retardation had more than 200 CGG repeats
- The expanded sequence of CGG is hypermethylated in affected individuals
- Methylation of the expanded CGG repeat lead to FMR1 transcriptional silencing

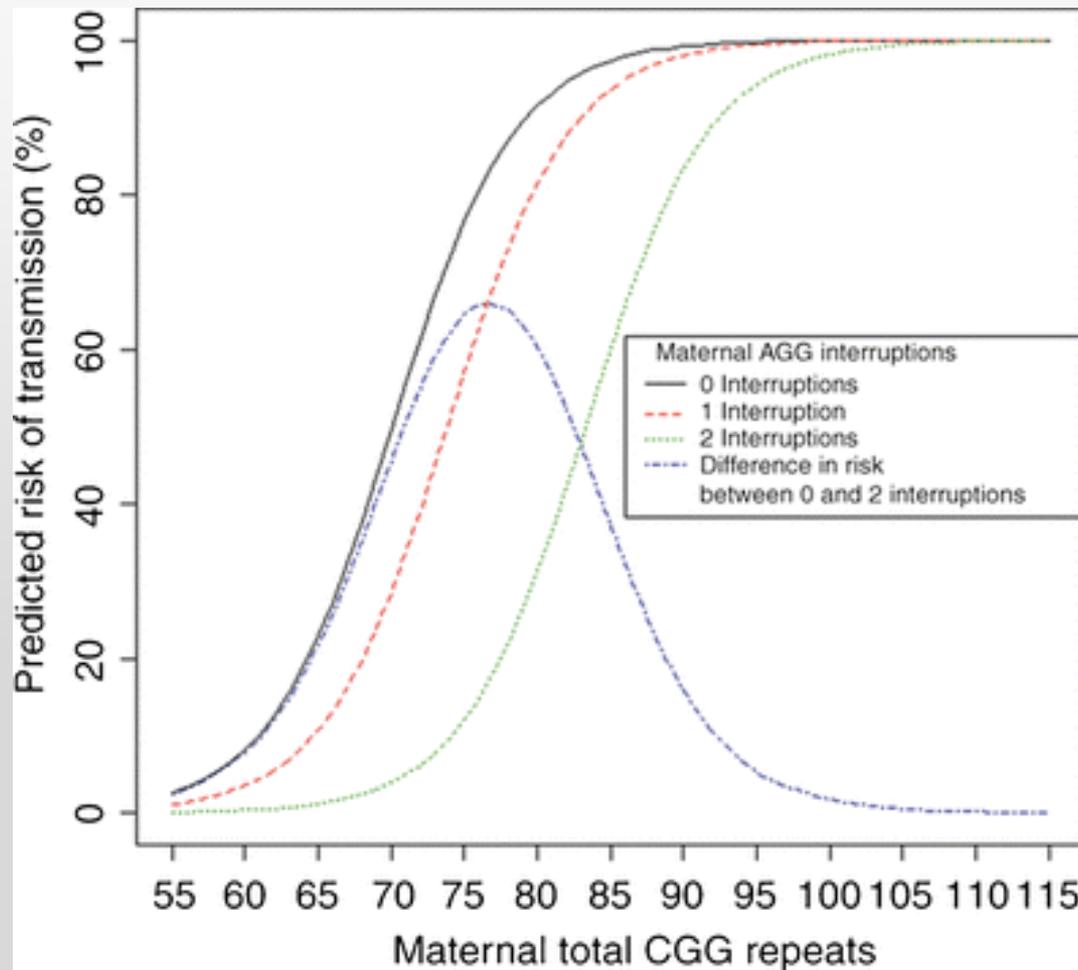
# CGG repeats are unstable



# AGG interruptions

- AGG interruptions are commonly seen within FMR1 alleles
- AGG triplet are associated with a reduced risk of expansion
- AGG interruptions within the CGG repeat tract do not influence FMR1 mRNA levels
- Significant differences in AGG interruption patterns in various populations
- Genetic counselling- taking into account the AGG interruptions

# AGG interruptions and stability of the CGG tract



# FMR1 Premutation

- Premutation: 55-200 CGG repeats
- Prevalence of 1:800 in males and 1:150 in females
- Fragile X tremor ataxia syndrome (FXTAS)
- Fragile X associated premature ovarian insufficiency (FXPOI)
- Others: emotional problems, ADHD, and autism

# Fragile X associated tremor ataxia syndrome (FXTAS)

## Clinical features:

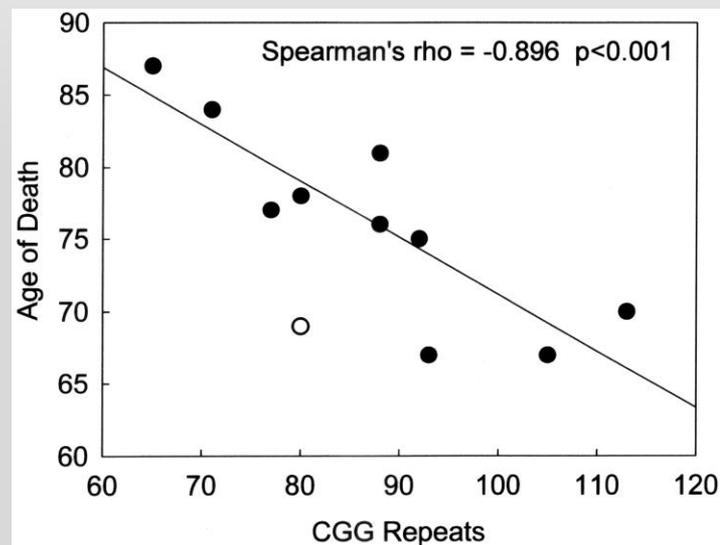
- Intention tremor
- Cerebellar ataxia
- Parkinsonism
- Memory/cognitive function deficits

## Signs of neurodegeneration:

- Brain atrophy
- Middle cerebellar peduncle lesions (MCP sign)
- Neuropathy
- Intranuclear inclusions

# Fragile X associated tremor ataxia syndrome (FXTAS)

- 45% of the male >50y
- 8% of female >50y
- Age-dependent penetrance
- Larger CGG repeat correlates with earlier age of onset and with earlier age of death

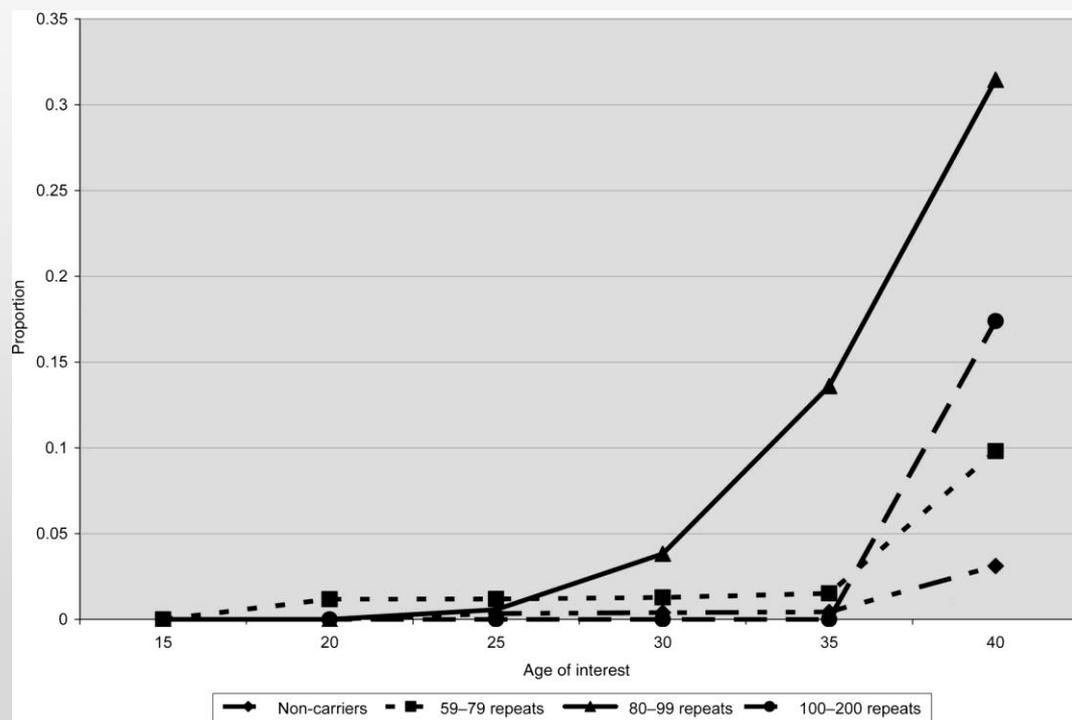


# Fragile X associated premature ovarian insufficiency (FXPOI)

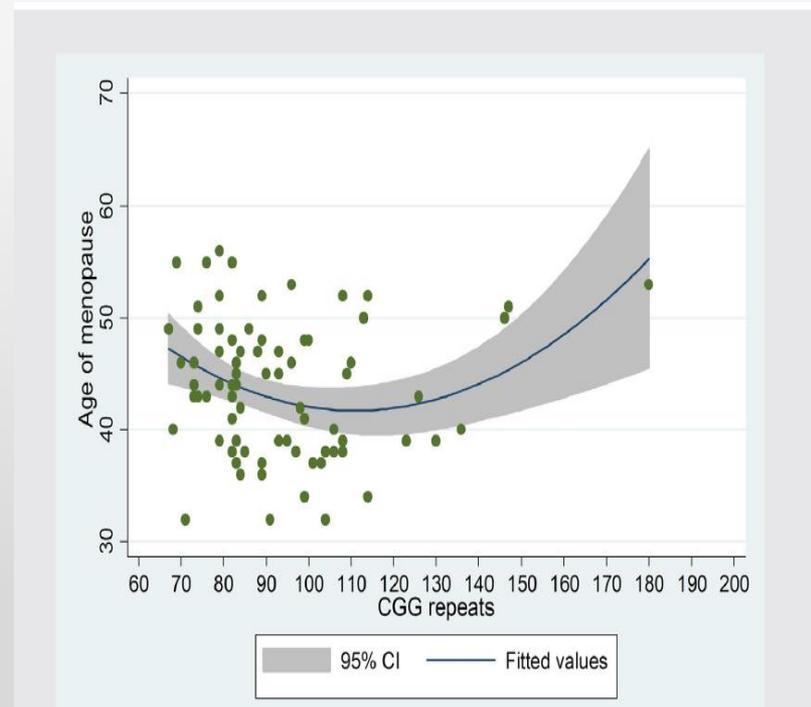
## Clinical features:

- High frequency of POF (20% vs 1%)
- Full mutation have the same risk as non carriers- 1%
- Lower fertility (visit a doctor, time to 1st preg)
- High frequency of POI (>25%)
  - Skipped cycles, Irregular cycles, Short cycle lengths
  - Increased levels of day 3 Follicle-Stimulating Hormone (FSH)
  - Decreased levels of Anti -Müllerian hormone (AMH)
- Experience menopause 5-7 years earlier

# Association between CGG repeat length and ovarian dysfunction



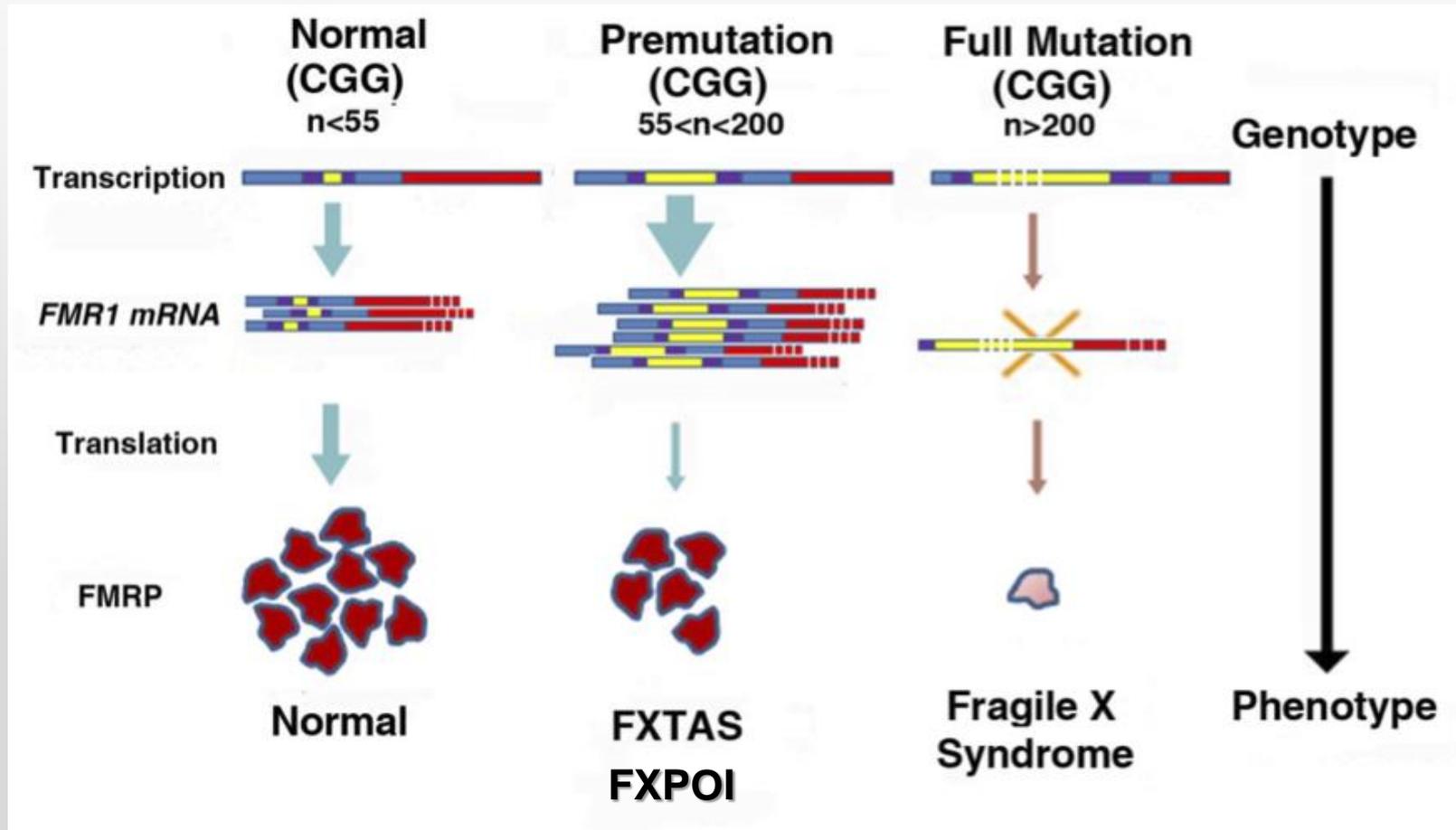
Age-specific prevalence of POF by repeat size group



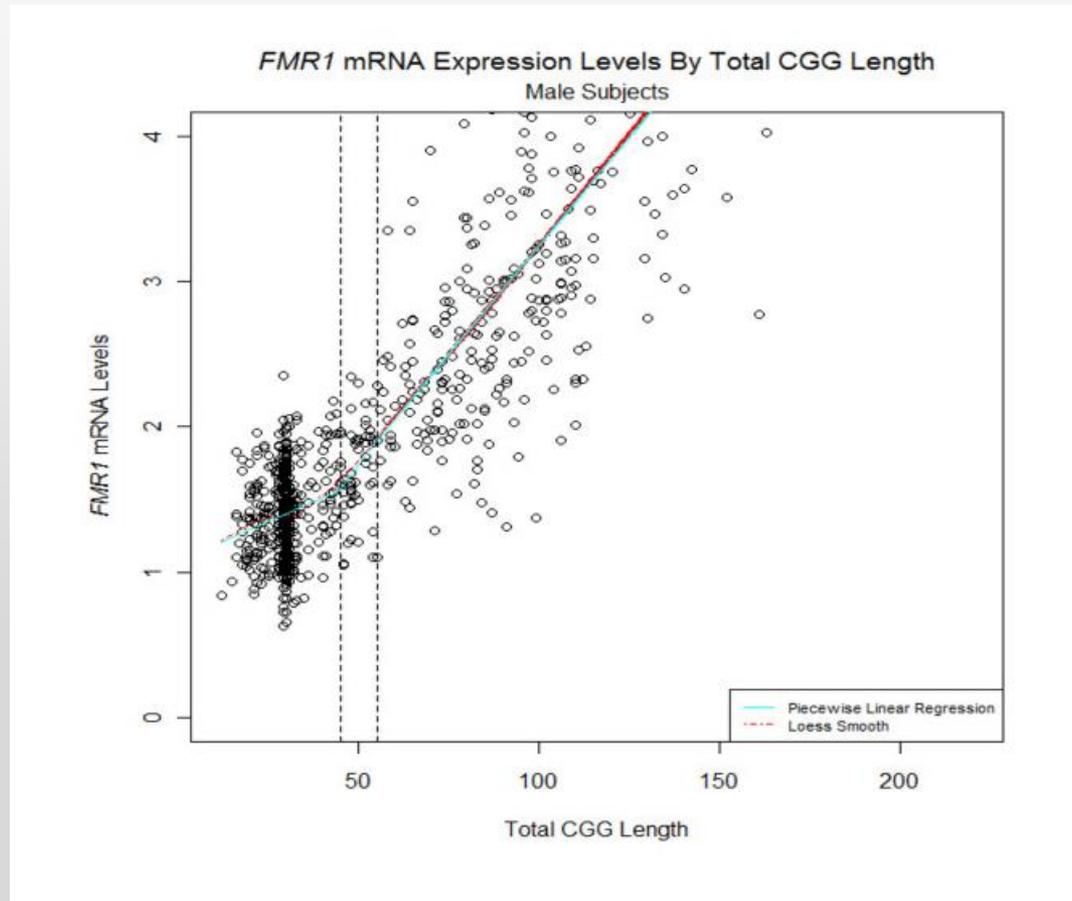
Age-specific prevalence of menopause

# One gene, Three Major Disorders

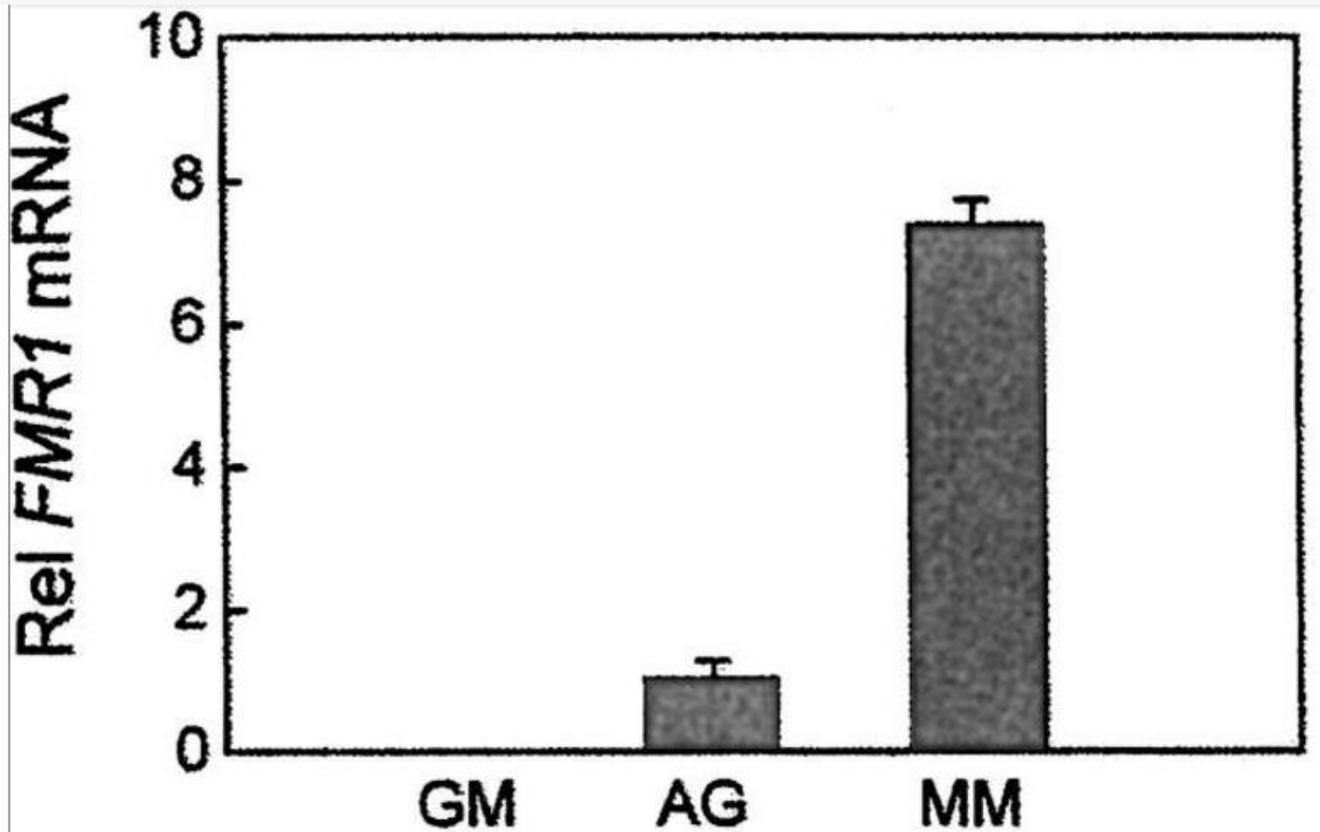
## The Molecular Basis



# Expression of FMR1 mRNA is increased in premutation carriers

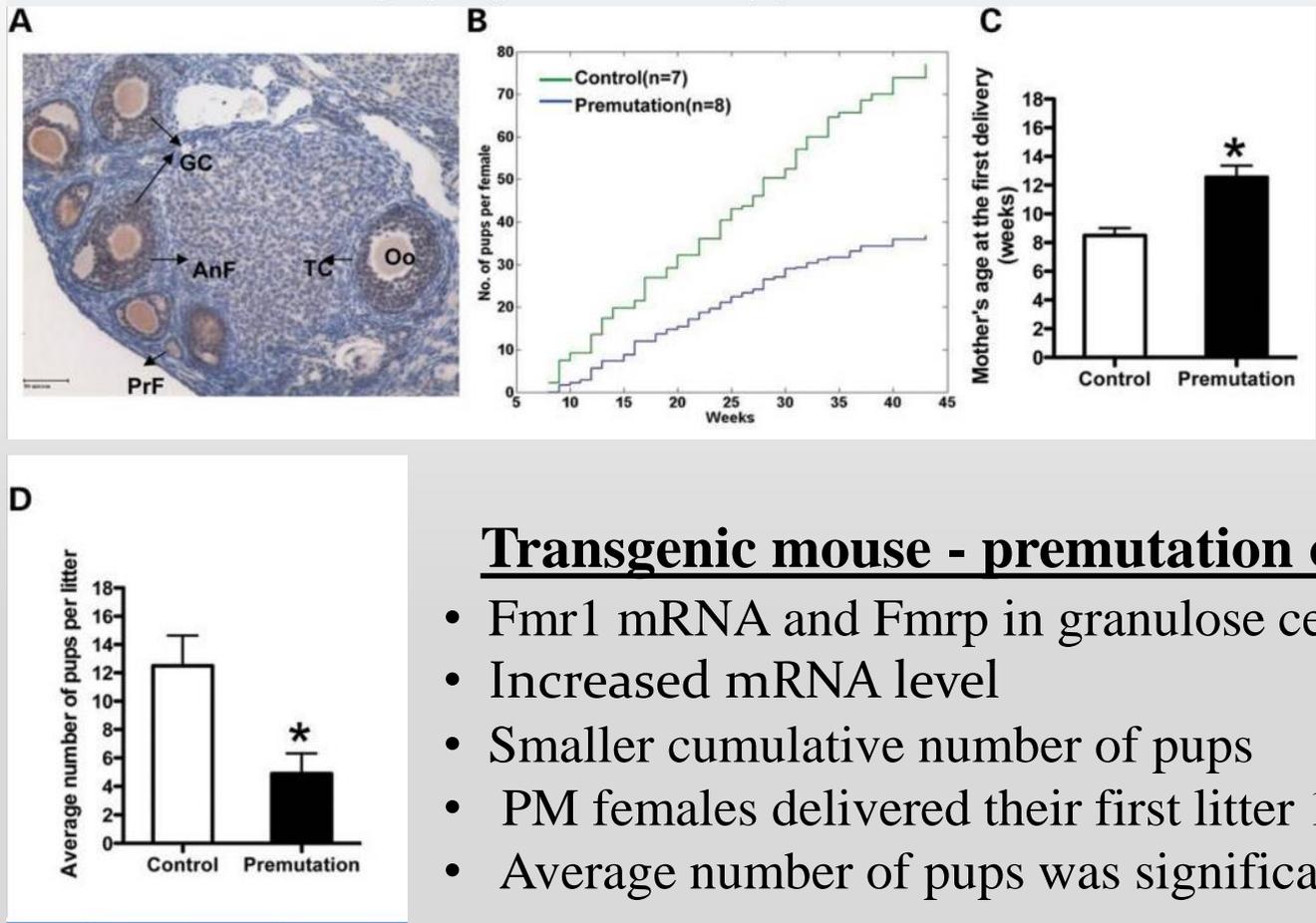


## Elevated level of FMR1 mRNA in premutation carriers is caused by increased transcription efficiency



- normal female (AG) 16/29 repeats
- premutation male (MM) 160 repeats
- full mutation male (GM) with ~600 repeats

# Fragile X premutation RNA is sufficient to cause primary ovarian insufficiency in mice



## Transgenic mouse - premutation of 90 CGG repeats

- Fmr1 mRNA and Fmrp in granulosa cells and oocytes
- Increased mRNA level
- Smaller cumulative number of pups
- PM females delivered their first litter 1 month later than WT
- Average number of pups was significantly reduced

# Fragile X premutation RNA is sufficient to cause primary ovarian insufficiency in mice

- **Reduced number of growing follicles**
  - At PD8 and 25 the dimensions of the ovaries were similar to those of WT
  - The numbers of follicles in adult females were less than in WT
- **Altered serum hormone levels**
  - From 9 to 22 weeks, the levels of serum FSH were significantly higher
  - The serum LH level were significantly lower
- **LH receptor (Lhr) was significantly downregulated**
- **Reduced phosphorylation of Akt and mTOR**
  - Significant reduction of phosphorylated Akt
  - Dramatic reduction of phosphorylated mTOR in FMR1 premutation ovaries

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## Elevated Levels of FMR1 mRNA in Granulosa Cells Are Associated with Low Ovarian Reserve in FMR1 Premutation Carriers



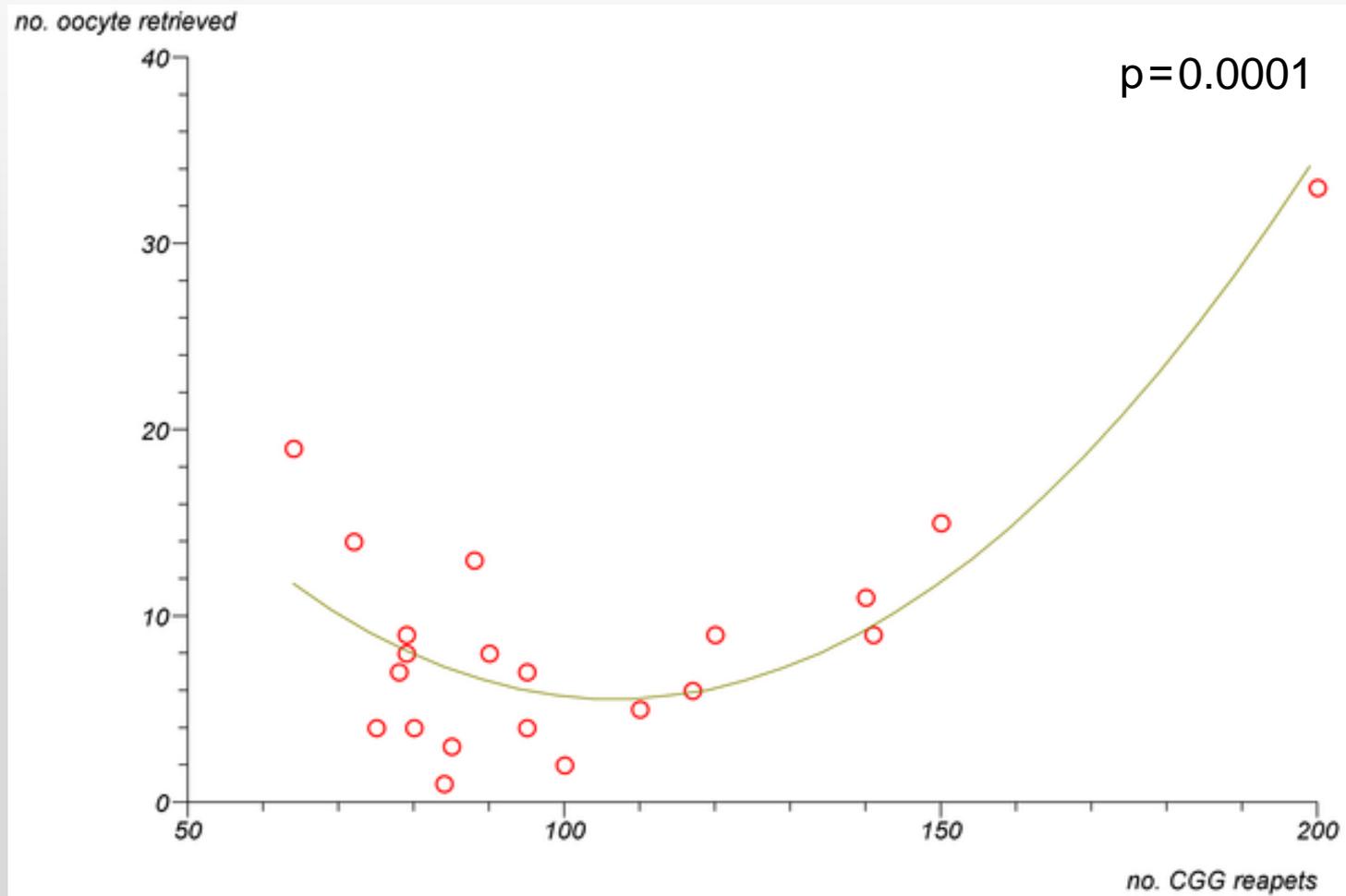
Shai E. Elizur<sup>1</sup>, Oshrit Lebovitz<sup>1</sup>, Sanaz Derech-Haim, Olga Dratviman-Storobinsky, Baruch Feldman, Jehoshua Dor, Raoul Orvieto, Yoram Cohen\*

Department of Obstetrics and Gynecology, Chaim Sheba Medical Center, (Tel Hashomer), Ramat Gan, Israel, and Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel

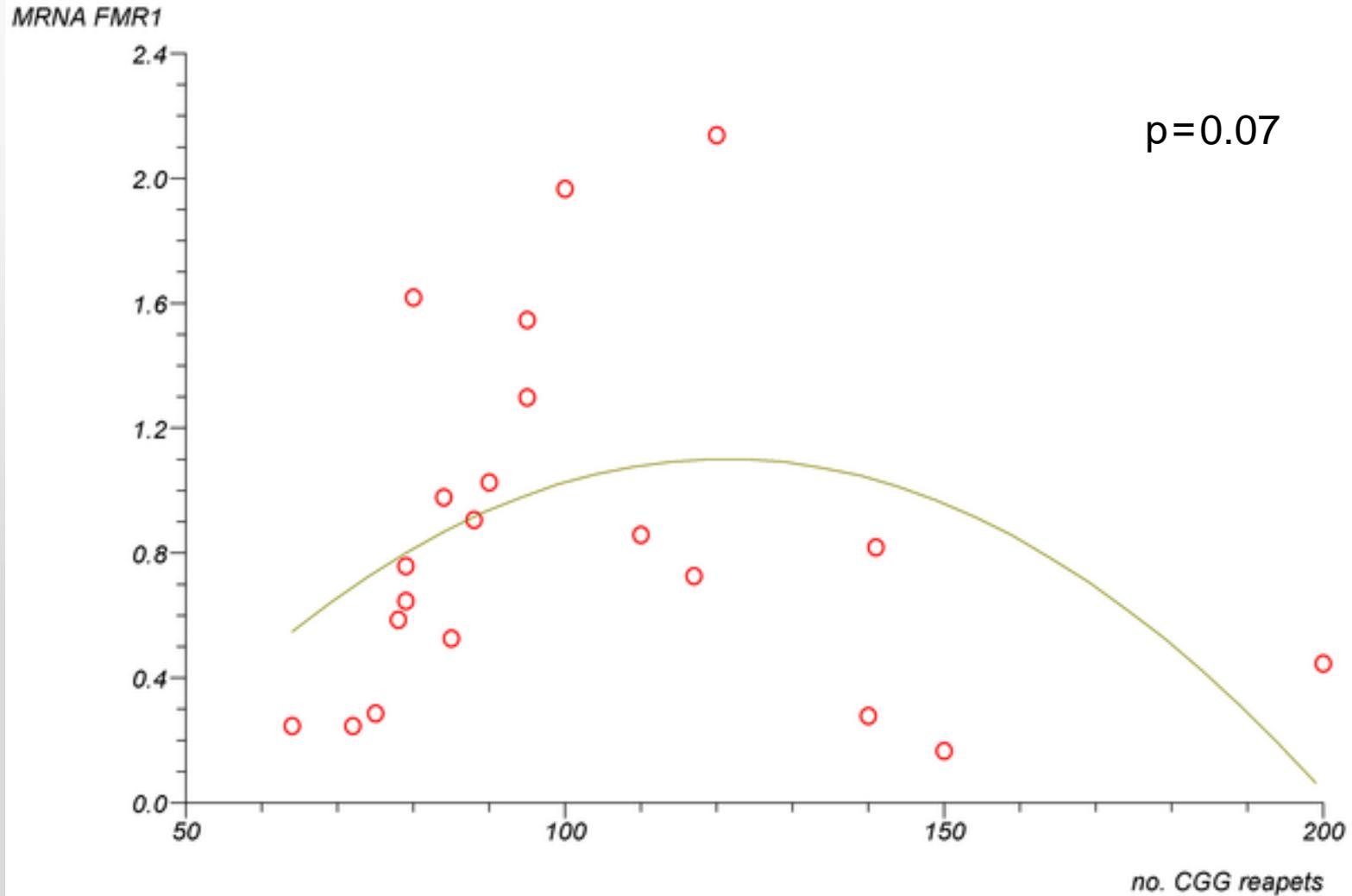
# Clinical and laboratory characteristics of the study

	<b>FMR1 Premutation</b>	<b>Control</b>	
	<b>N = 21</b>	<b>N = 15</b>	<b>P value</b>
<b>Age (mean) (SD)</b>	31.5 (3.4)	30.8 (4.3)	ns
<b>Parity (median)</b>	0	0	ns
<b>Mean FSH (IU) (basal) (SD)</b>	8.2 (2.0)	7.0 (1.7)	0.08
<b>Mean LH (IU) (basal) (SD)</b>	3.7 (1.7)	4.9 (1.9)	ns
<b>Mean Basal FSH/LH ratio (SD)</b>	2.4 (1.3)	1.4 (0.7)	0.01
<b>Mean Estradiol (basal) (pmol/L) (SD)</b>	152 (58)	156 (87)	ns
<b>Mean Total Gonadotropins used in stimulation (IU) (SD)</b>	2588 (1198)	1865 (990)	0.04
<b>Mean duration of stimulation (days) (SD)</b>	10.8 (2.8)	10 (1.9)	ns
<b>Mean peak estradiol (pmol/L) (SD)</b>	6399 (3347)	8470 (2508)	0.06
<b>Mean no. oocyte retrieved (SD)</b>	9 (7.1)	13.1 (5.7)	0.02
<b>Mean no. embryo transferred (SD)</b>	1.4 (1.2)	1.7 (0.7)	ns
<b>No. of pregnancies</b>	4	2	ns
<b>Mean FMR1 repeats (range)</b>	102 (64–200)	<55	

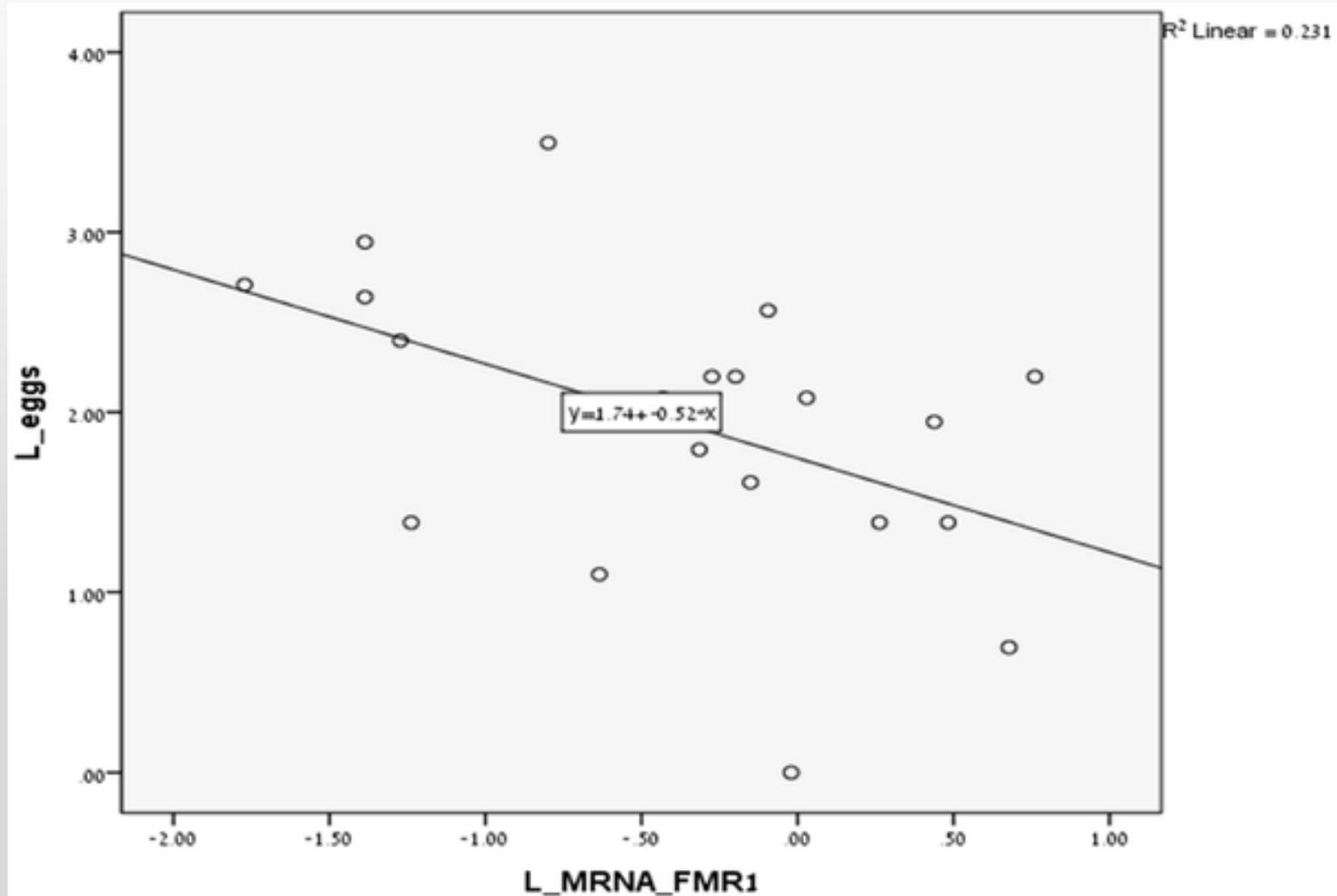
# A non-linear association between the number of retrieved oocytes during IVF cycle and the number of CGG repeats in FMR1 premutation



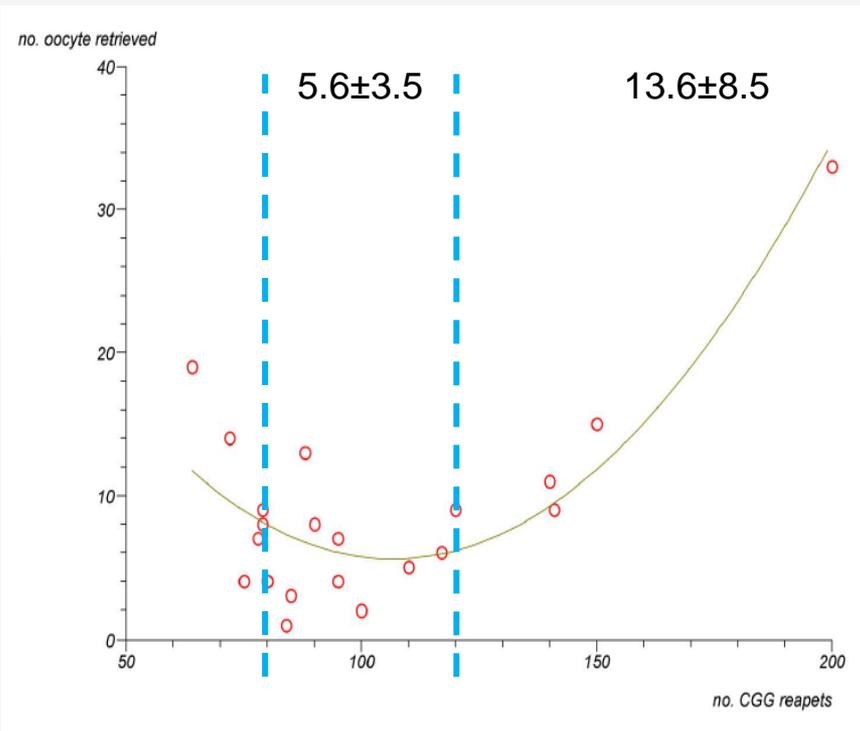
# A trend for a non-linear association between FMR1 mRNA levels in FMR1 premutation carriers and the number of CGG repeats



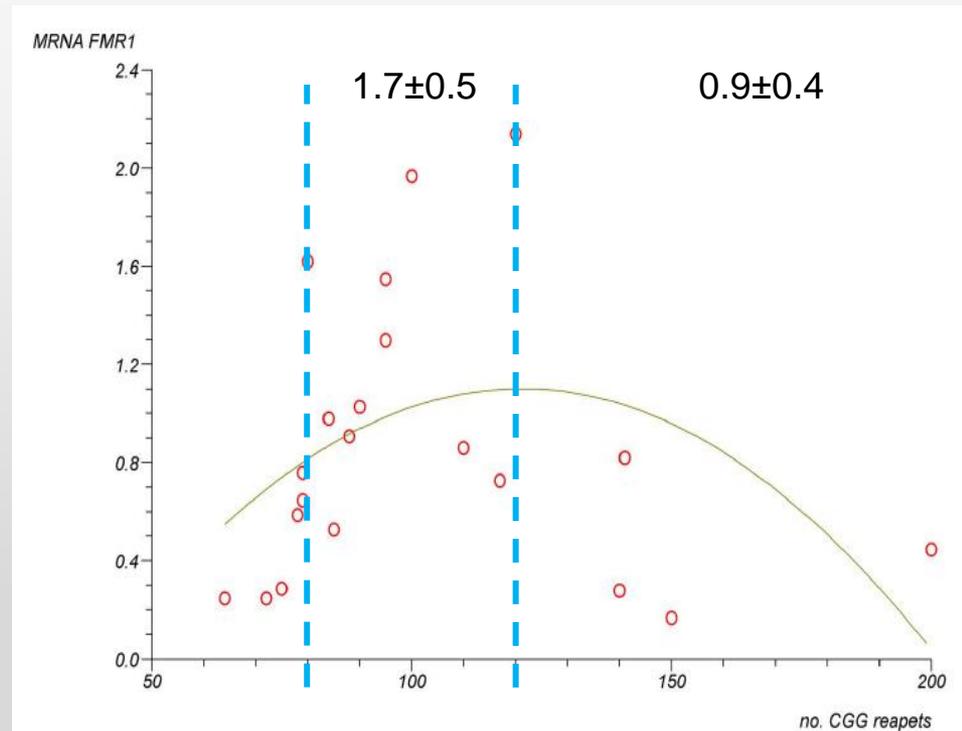
## The number of retrieved oocyte according to mRNA levels of FMR1 in FMR1 premutation carriers



# The effect of CGG repeat number on ovarian response among fragile X premutation carriers

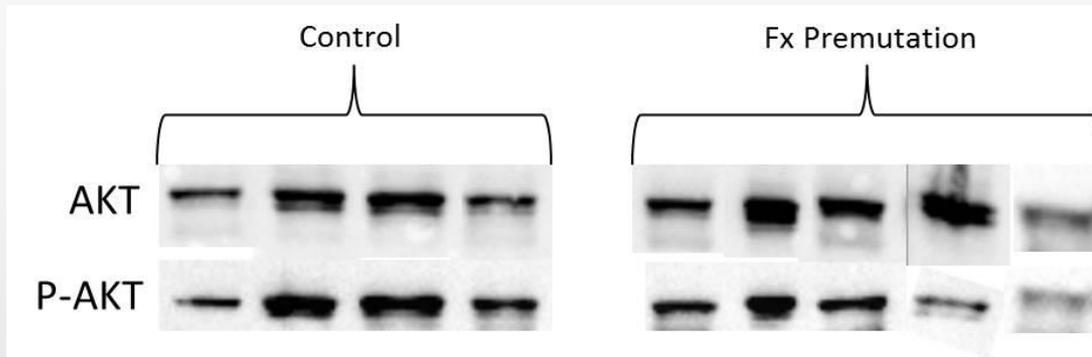


80-120 repeats associated with reduced number of retrieved oocytes

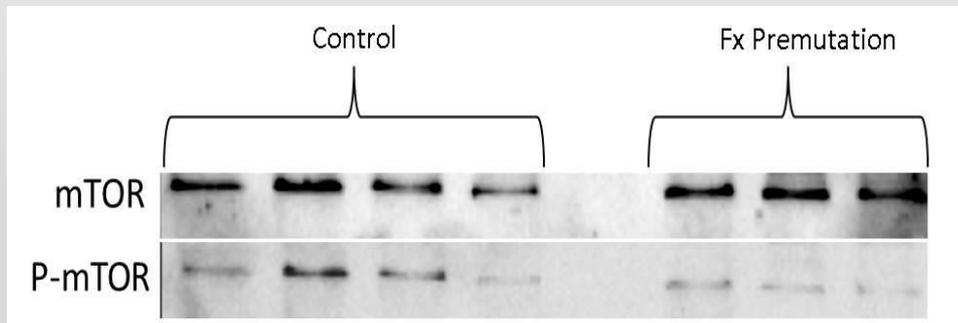


80-120 repeats associated with highest FMR1 mRNA levels

# AKT/mTOR pathway in granulosa cells



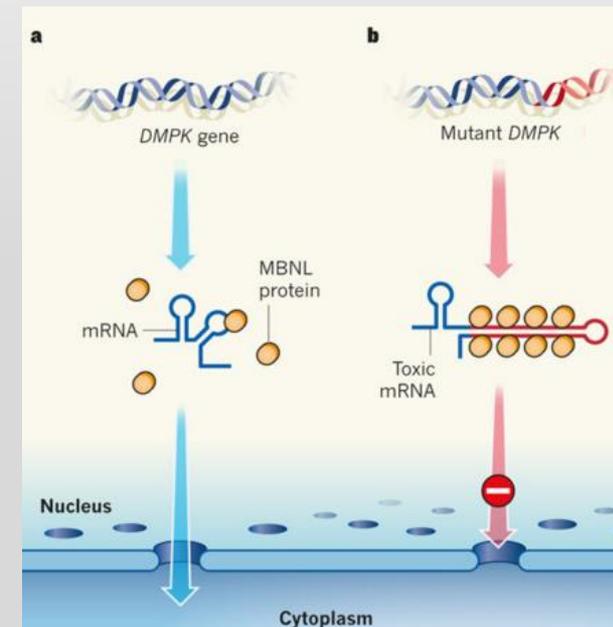
	p-AKT/AKT
<b>Control</b>	0.88 ( $\pm 0.2$ )
<b>FMR1 Premutation</b>	0.5 ( $\pm 0.14$ )
	$p < 0.05$



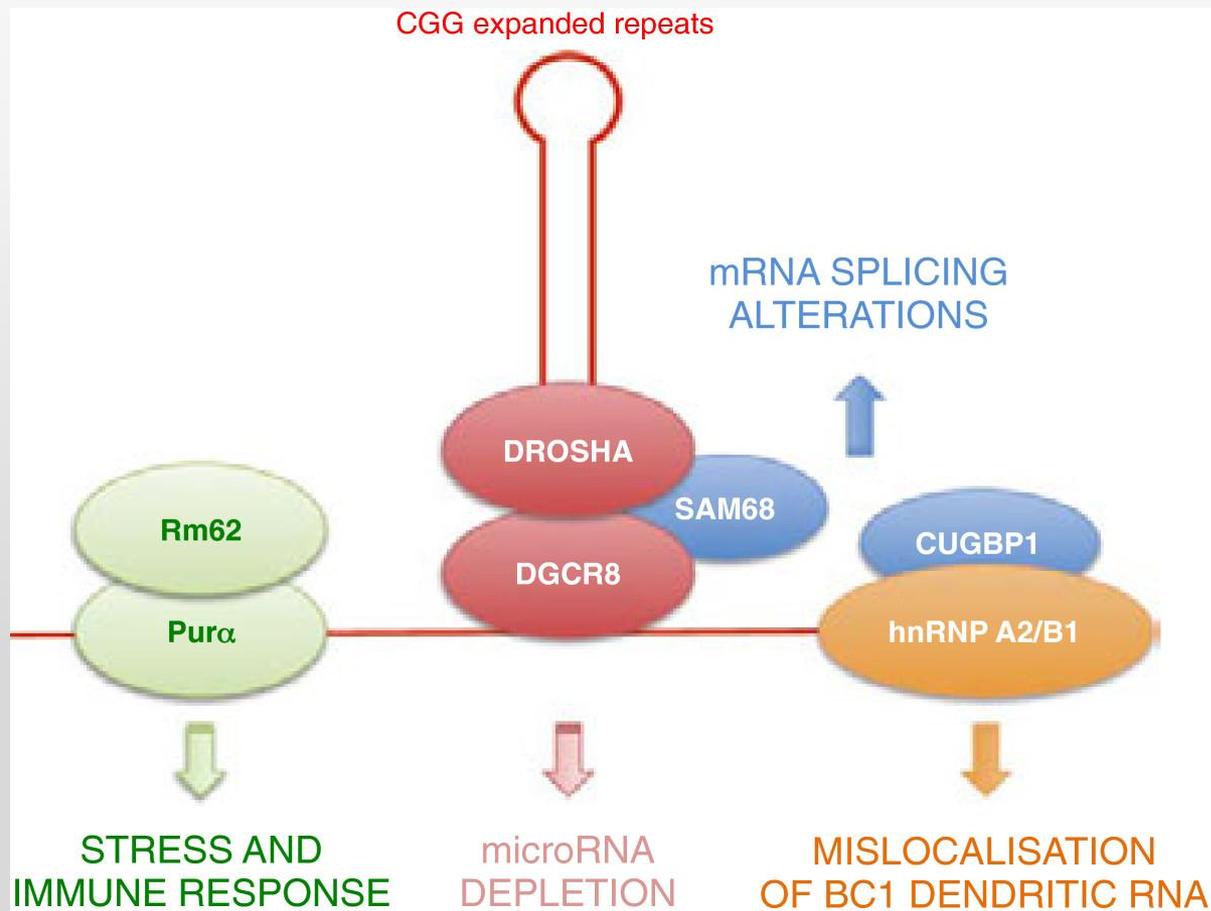
	p-mTOR/mTOR
<b>Control</b>	0.48 ( $\pm 0.13$ )
<b>FMR1 Premutation</b>	0.15 ( $\pm 0.08$ )
	$p < 0.05$

# Is pathology the result of an RNA gain-of-function mechanism

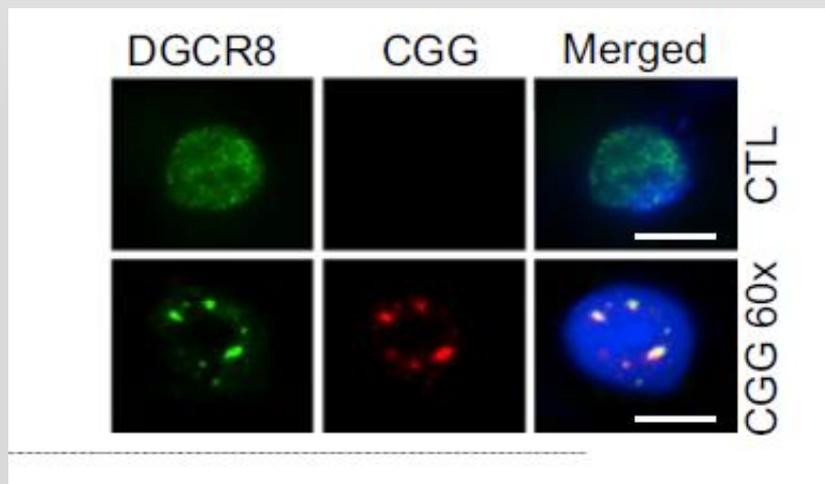
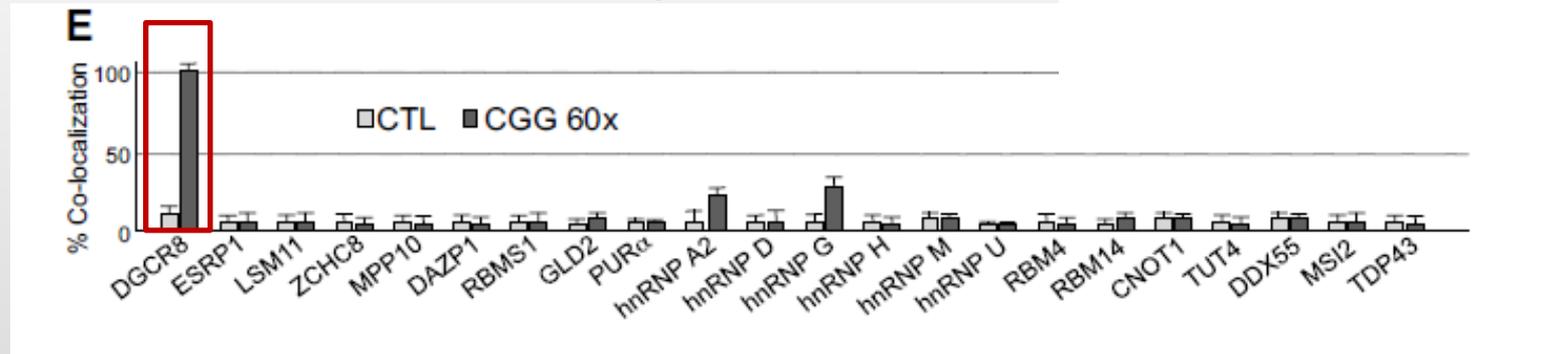
- RNA gain-of-function- myotonic dystrophy type 1
- CUG (DM1) accumulate in nuclear RNA aggregates that sequester the Muscleblind-like (MBNL) splicing factors and retaining them in the nucleus
- Depletion of the free pool of MBNL1 leads to specific alternative splicing changes and symptoms of DM
- Symptoms of DM can be reversed by supplying additional MBNL in animal models of the disease



# RNA gain-of-function mechanism in FXPOI and FXTAS

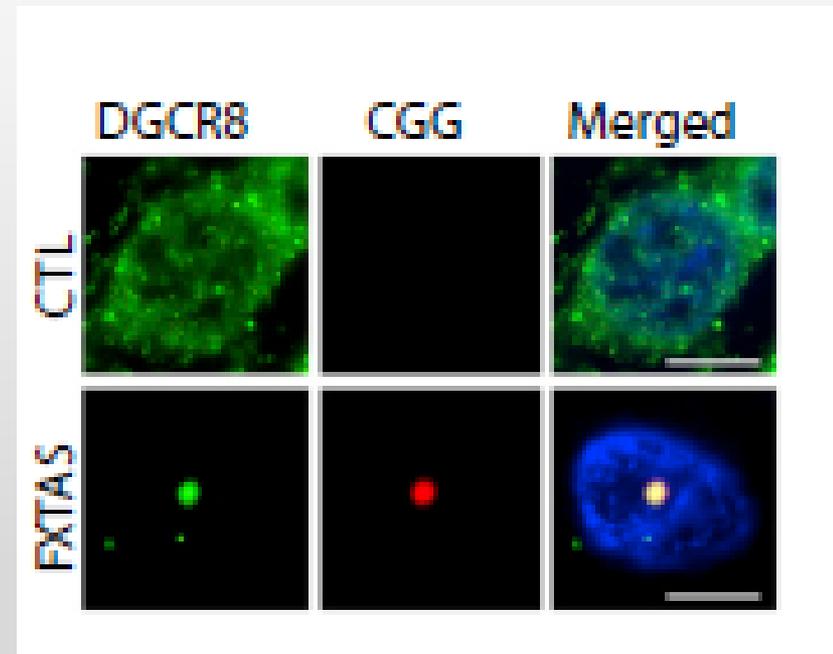
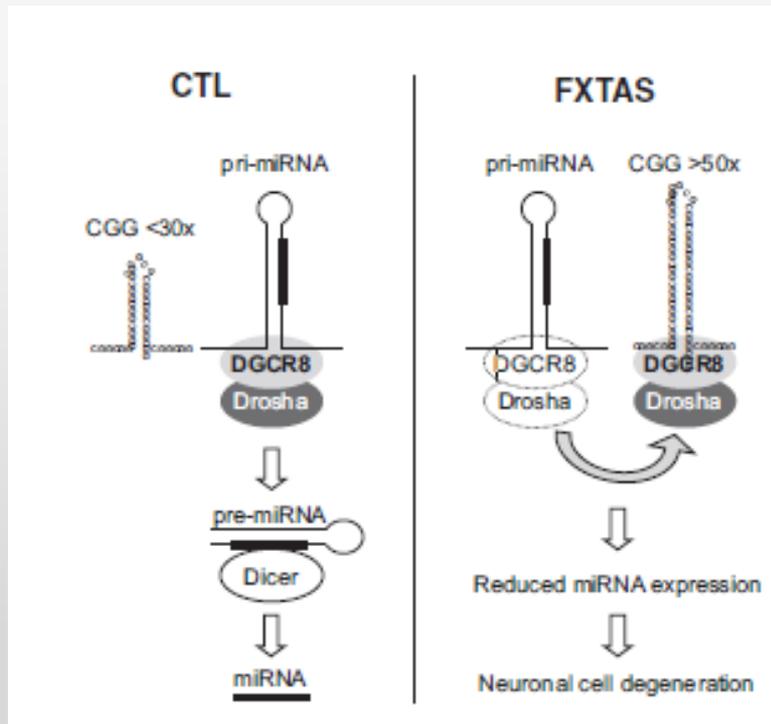


# Sequestration of DROSHA and DGCR8 by Expanded CGG RNA Repeats Alters MicroRNA Processing in Fragile X-Associated Tremor/Ataxia Syndrome



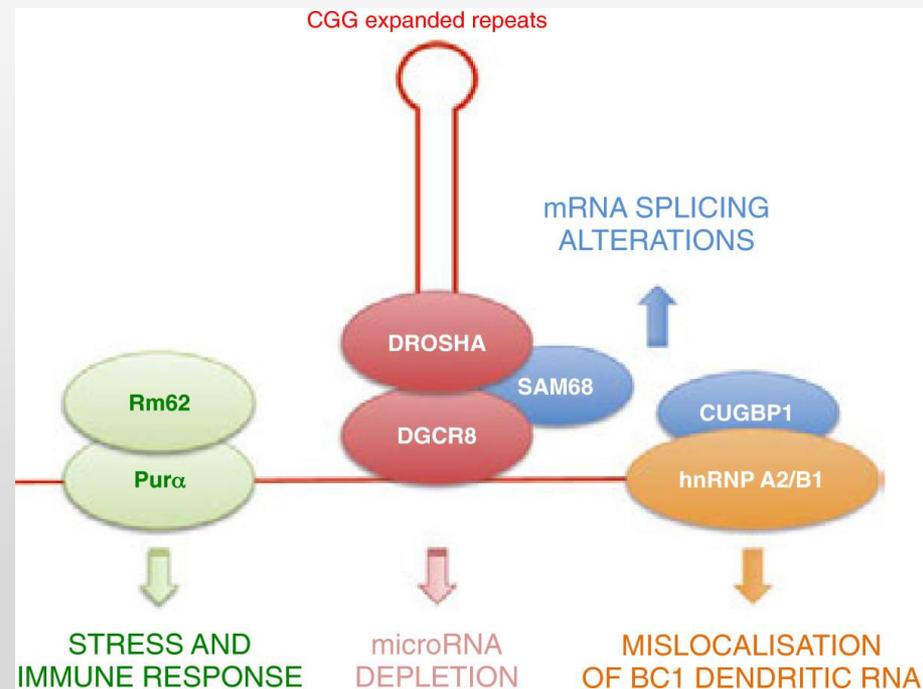
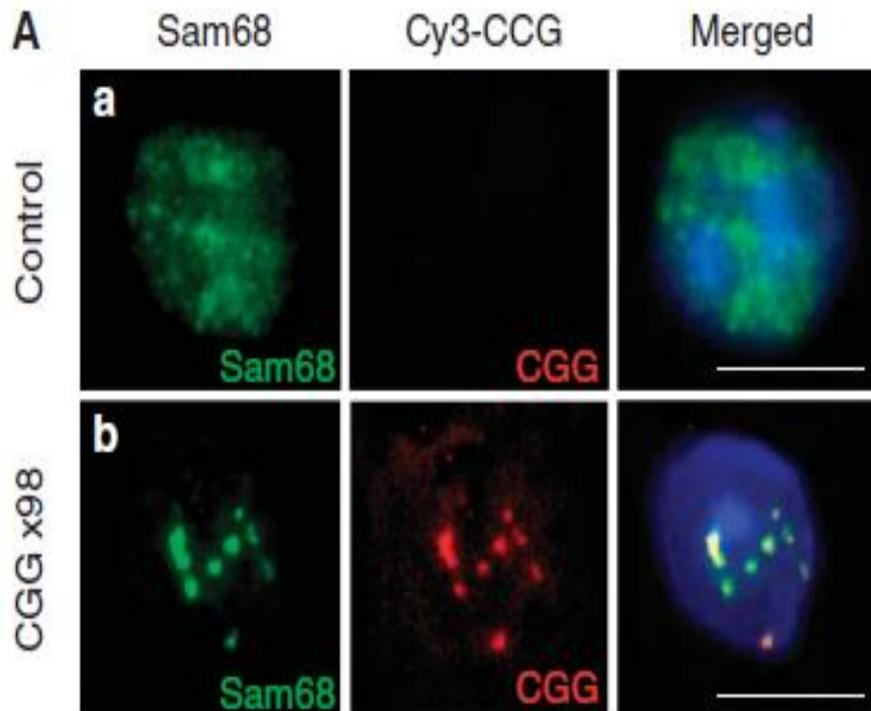
DGCR8 colocalized with CGG RNA aggregates

# Sequestration of DROSHA and DGCR8 in Fragile X-Associated Tremor/Ataxia Syndrome



DROSHA and DGCR8 were diffusely localized in age-matched non- FXTAS controls

# Sam68 co-localizes with expanded CGG RNA



CGG(98) transfected cells

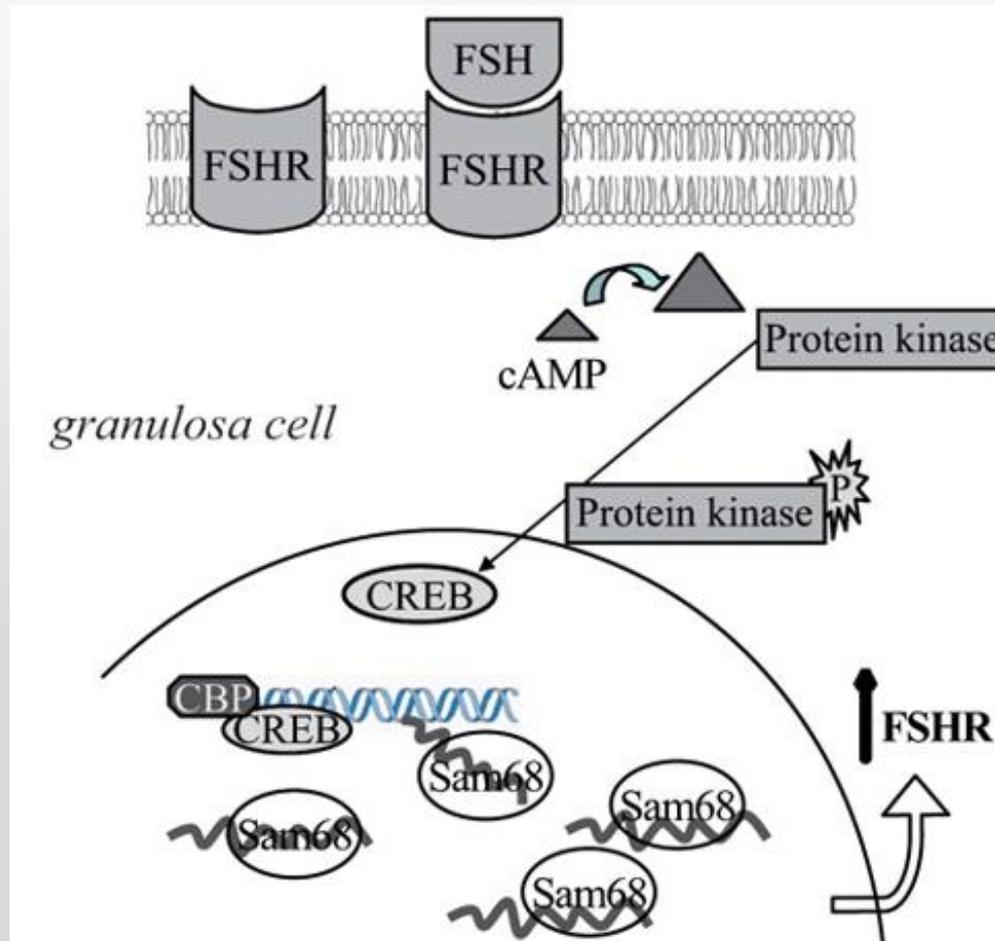
*Human Molecular Genetics*, 2010, Vol. 19, No. 24 4886–4894  
doi:10.1093/hmg/ddq422  
Advance Access published on September 29, 2010

# **Ablation of the *Sam68* gene impairs female fertility and gonadotropin-dependent follicle development**

**Enrica Bianchi<sup>1,2</sup>, Federica Barbagallo<sup>1,2</sup>, Claudia Valeri<sup>1</sup>, Raffaele Geremia<sup>1</sup>,  
Antonietta Salustri<sup>1</sup>, Massimo De Felici<sup>1</sup> and Claudio Sette<sup>1,2,\*</sup>**

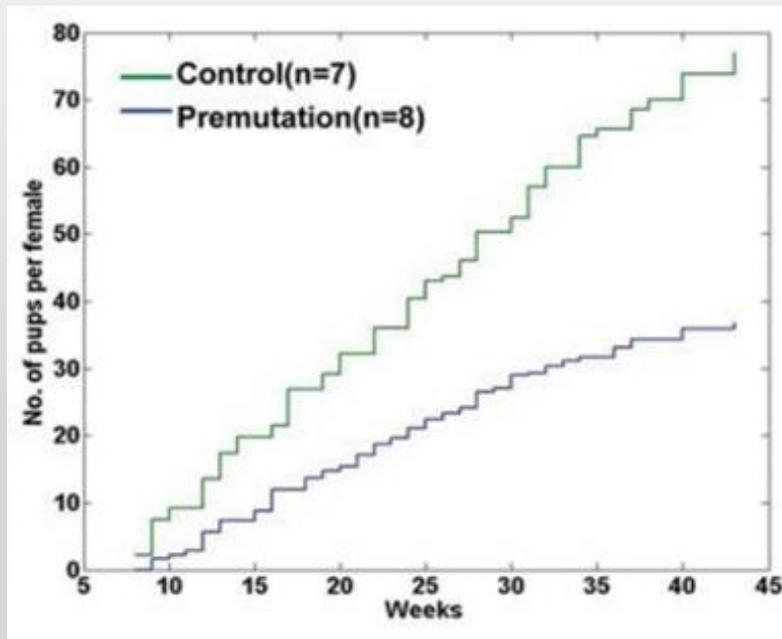
<sup>1</sup>Department of Public Health and Cell Biology, University of Rome Tor Vergata, 00133 Rome, Italy and <sup>2</sup>Laboratory of Neuroembryology, Fondazione Santa Lucia, 00143 Rome, Italy

# Hypothetical model of the function of Sam68 in the gonadotropin response of follicular cells



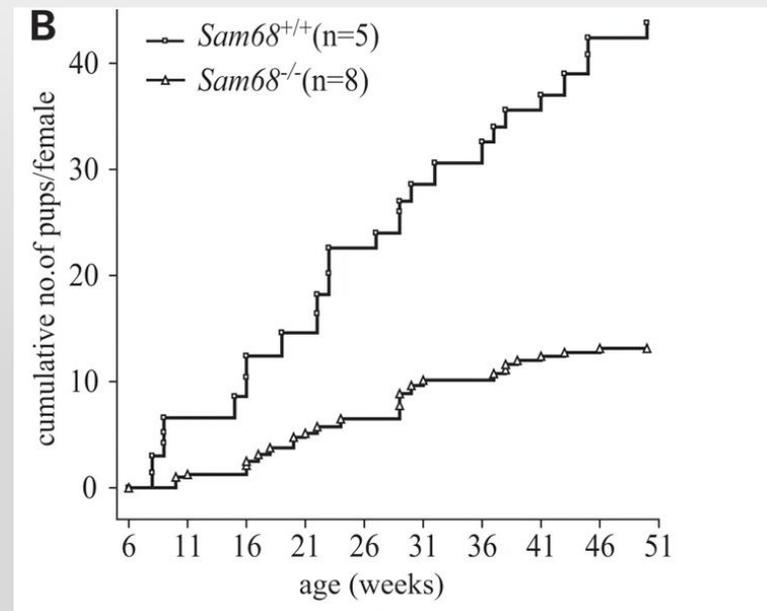
# Fertility outcomes in *Sam68* knockout female and FMR1 premutation mouse female

Lifespan breeding assays of randomly chosen PM mouse or control females



Lu C et al.

Lifespan breeding assays of randomly chosen *Sam68*<sup>+/+</sup> or *Sam68*<sup>-/-</sup> females

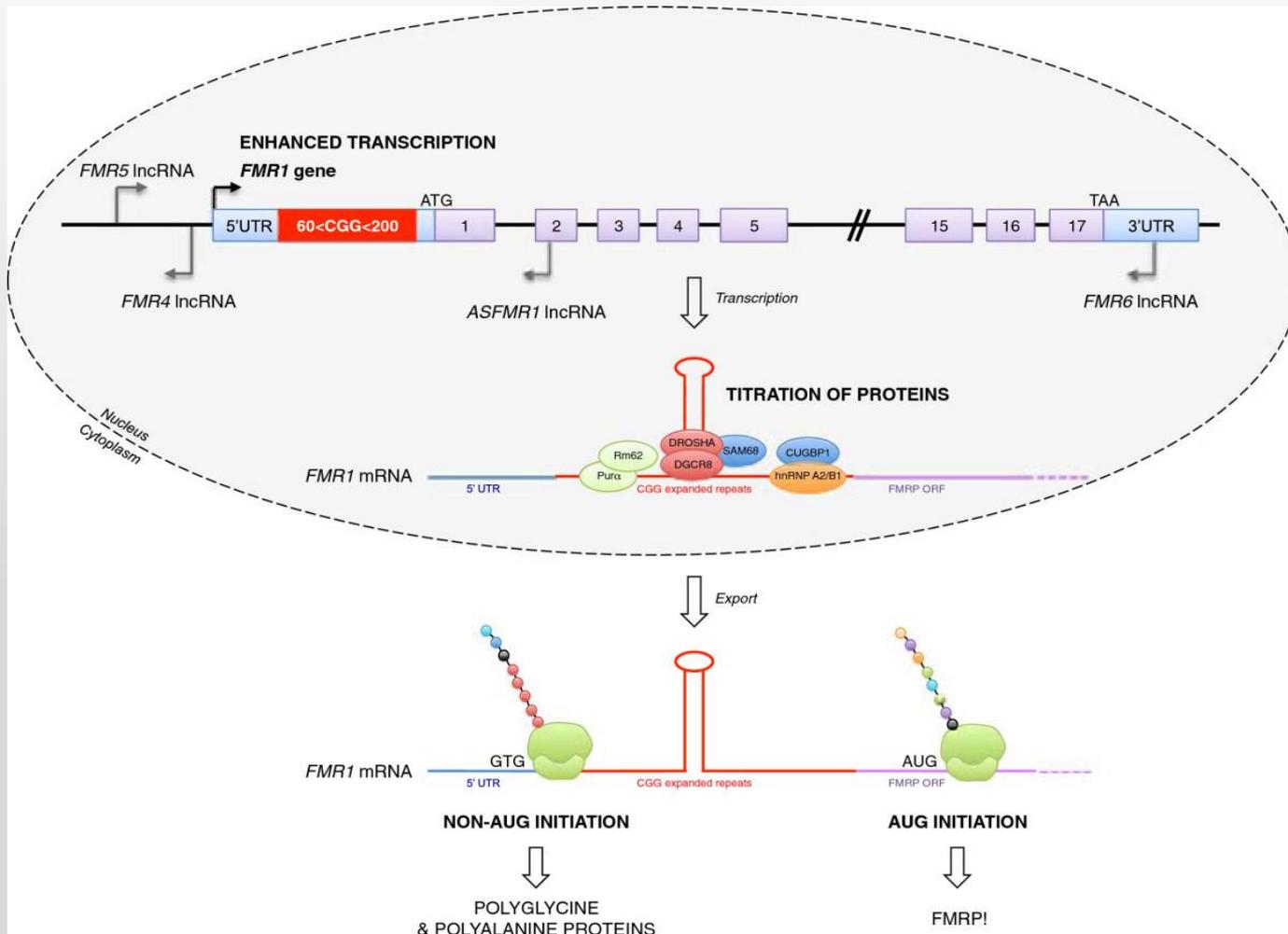


Bianchi E et al.

# Fertility outcomes in Sam68 knockout female compared to FMR1 premutation mouse female

Phenotype compared to WT	PM (98)	SAM68 <sup>-/-</sup>
Affect female fertility	Y	Y
Sterile	27% (3/11)	25% (2/8)
Delayed fertility (delivery of first litter)	↓	↓
Number of pups per litter	↓	↓
Cumulative number of pups	↓	↓
Uterine weight	↓	NA
Number of immature follicles (<PD25)	NS	NS
Growing follicles at 9 and 8 weeks (res)	↓	↓
Ovarian weight	↓	↓
PMSG→hCG→Ovulated oocytes	NS	↓
LH receptor	↓	↓
FSH receptor	NS	↓

# Repeat associated non-ATG (RAN) translation: new starts in microsatellite expansion disorders

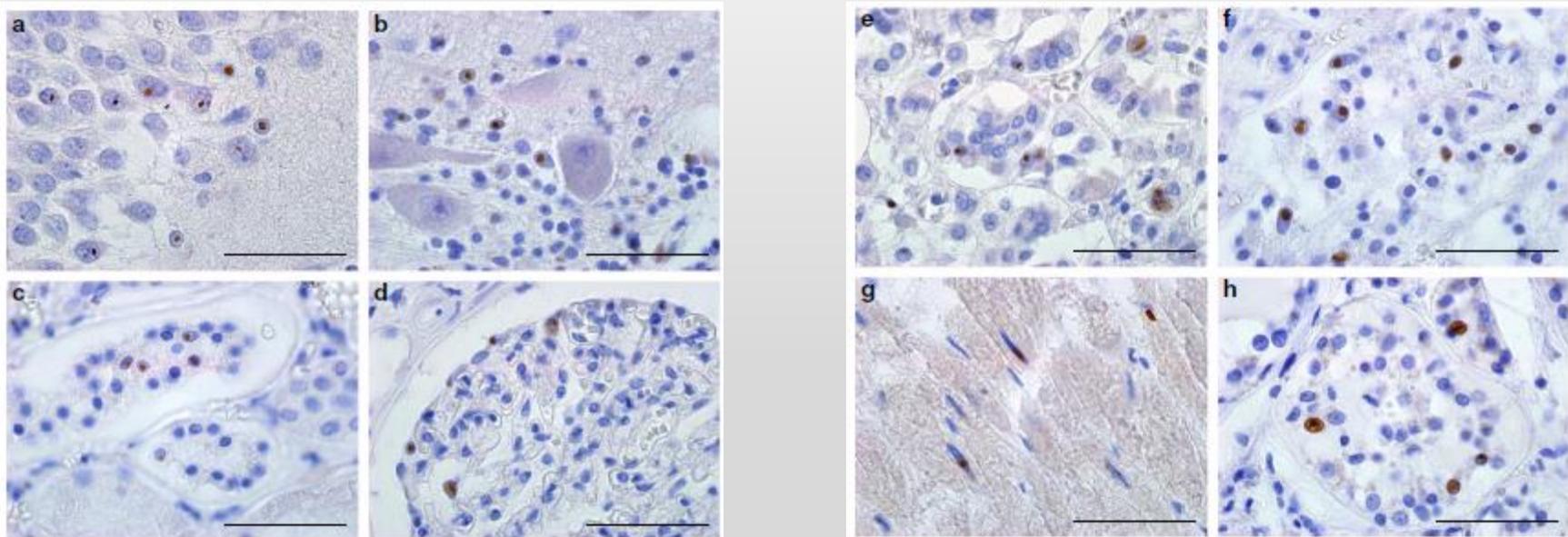


**LETTER TO THE EDITOR**

**Open Access**

## FMRpolyG-positive inclusions in CNS and non-CNS organs of a fragile X premutation carrier with fragile X-associated tremor/ataxia syndrome

Ronald AM Buijsen<sup>1</sup>, Chantal Sellier<sup>2</sup>, Lies-Anne WFM Severijnen<sup>1</sup>, Mustapha Oulad-Abdelghani<sup>2</sup>, Rob FM Verhagen<sup>1</sup>, Robert F Berman<sup>3</sup>, Nicolas Charlet-Berguerand<sup>2</sup>, Rob Willemsen<sup>1†</sup> and Renate K Hukema<sup>1†\*</sup>

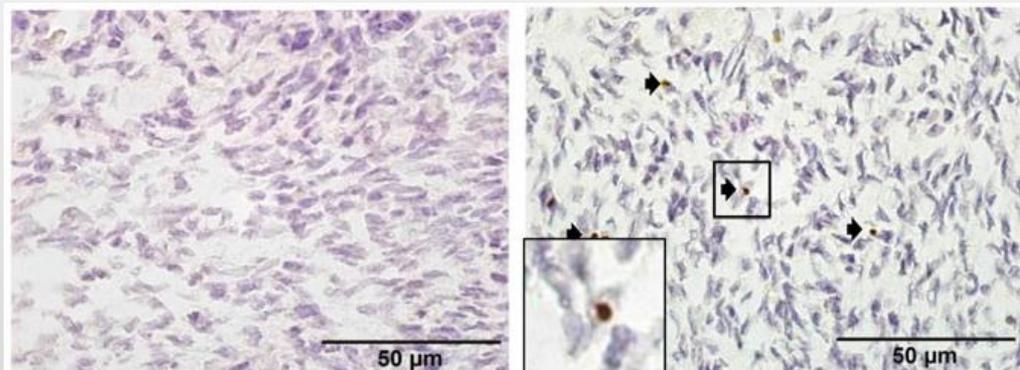


FMRpolyG-positive (9FM) intranuclear inclusions in a hippocampus, b cerebellum, c glomeruli and d distal tubule of the kidney, e zona glomerulosa and f zona reticularis of adrenal gland, g cardiomyocytes and h thyroid

## Presence of inclusions positive for polyglycine containing protein, FMRpolyG, indicates that repeat-associated non-AUG translation plays a role in fragile X-associated primary ovarian insufficiency

R.A.M. Buijsen<sup>1,†</sup>, J.A. Visser<sup>2,†</sup>, P. Kramer<sup>2</sup>, E.A.W.F.M. Severijnen<sup>1</sup>, M. Gearing<sup>3</sup>, N. Charlet-Berguerand<sup>4</sup>, S.L. Sherman<sup>5</sup>, R.F. Berman<sup>6</sup>, R. Willemsen<sup>1</sup>, and R.K. Hukema<sup>1,\*</sup>

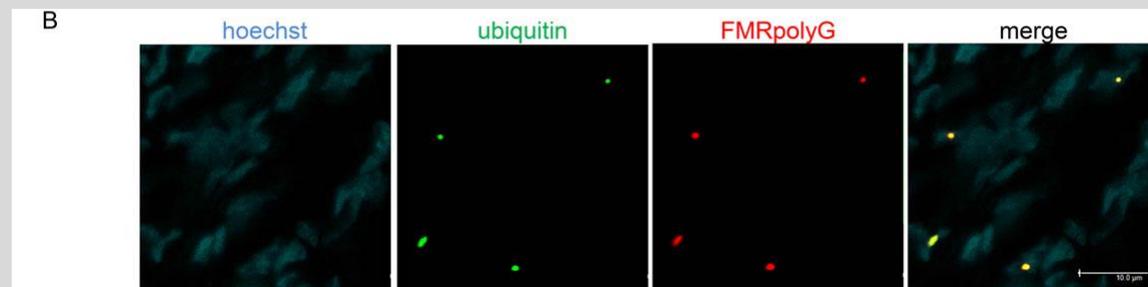
FMRpolyG



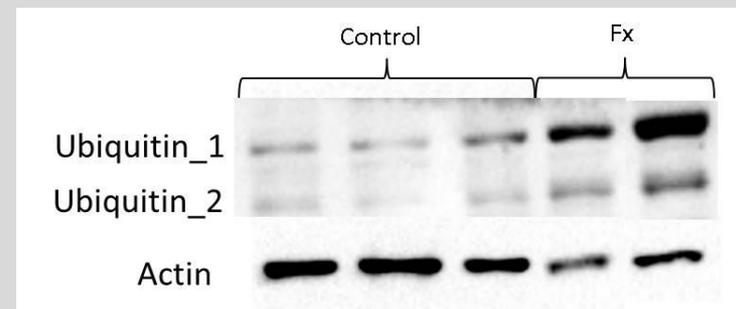
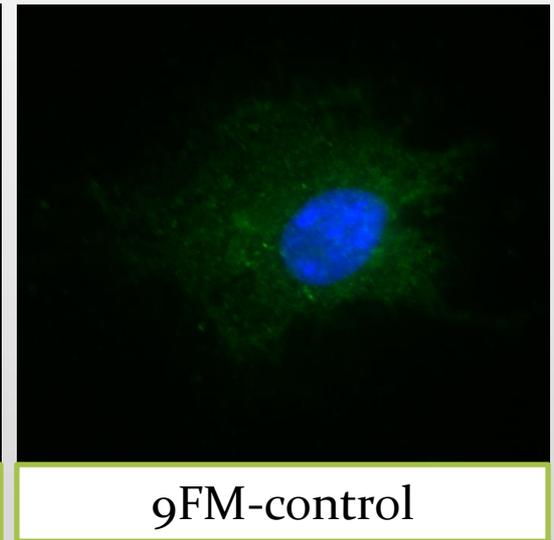
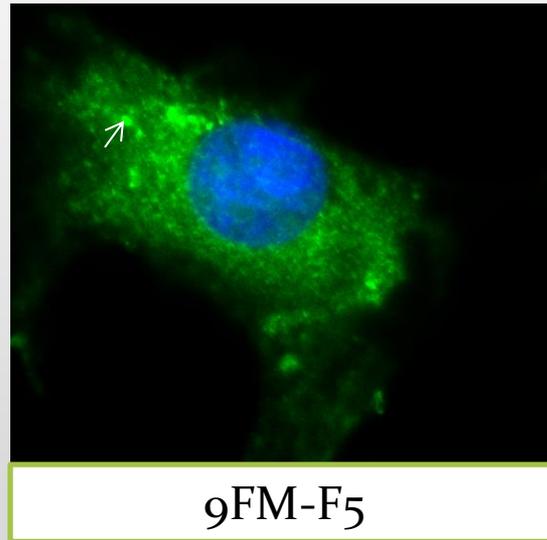
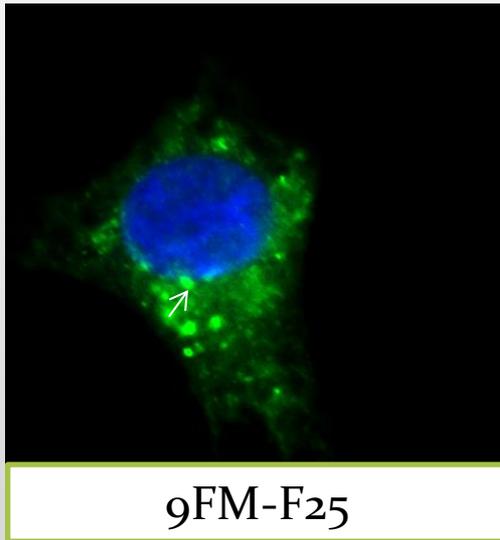
Control

Fx premutation

Intranuclear inclusions in ovarian stromal cells of a fragile X-associated primary ovarian insufficiency (FXPOI) patient.

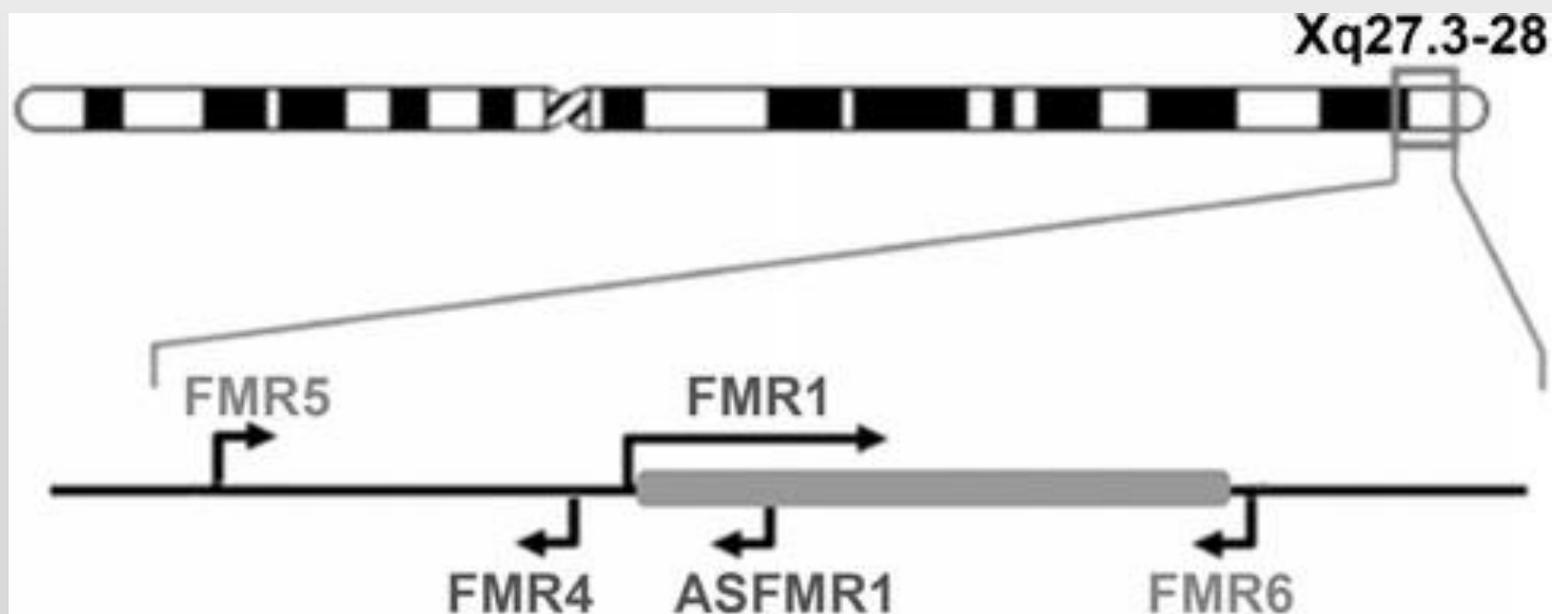


# FMRpolyG-positive cytoplasmic inclusions of fragile X carriers in granule cells



## Comprehensive analysis of the transcriptional landscape of the human *FMR1* gene reveals two new long noncoding RNAs differentially expressed in Fragile X syndrome and Fragile X-associated tremor/ataxia syndrome

Chiara Pastori · Veronica J. Peschansky ·  
Deborah Barbouth · Arpit Mehta · Jose P. Silva ·  
Claes Wahlestedt





ORIGINAL ARTICLE

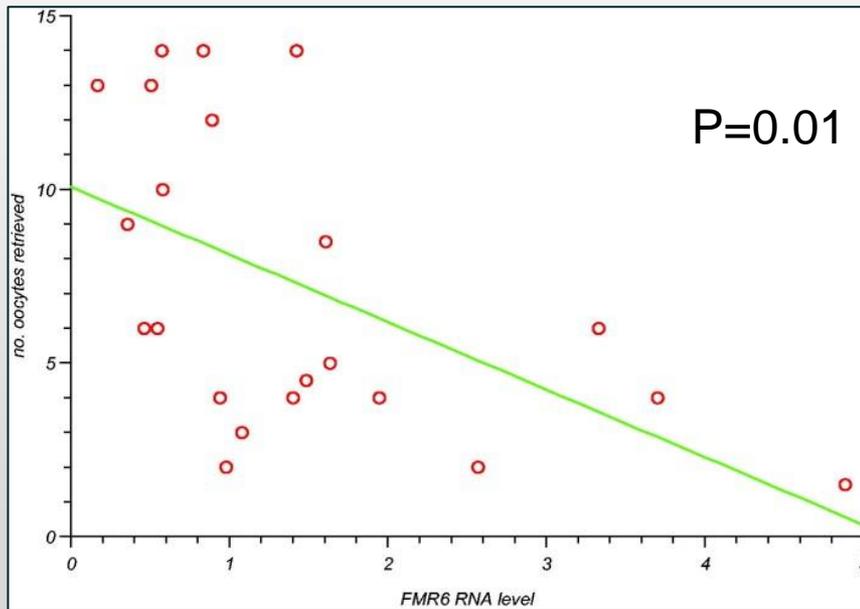
**FMR6 may play a role in the pathogenesis of fragile X-associated premature ovarian insufficiency**

S. E. Elizur<sup>1,2</sup>, Olya Dratviman-Storobinsky<sup>1,2</sup>, Sanaz Derech-Haim<sup>1,2</sup>, Oshrit Lebovitz<sup>1,2</sup>, Jehoshua Dor<sup>1,2</sup>, Raoul Orvieto<sup>1,2</sup>, and Yoram Cohen<sup>1,2</sup>

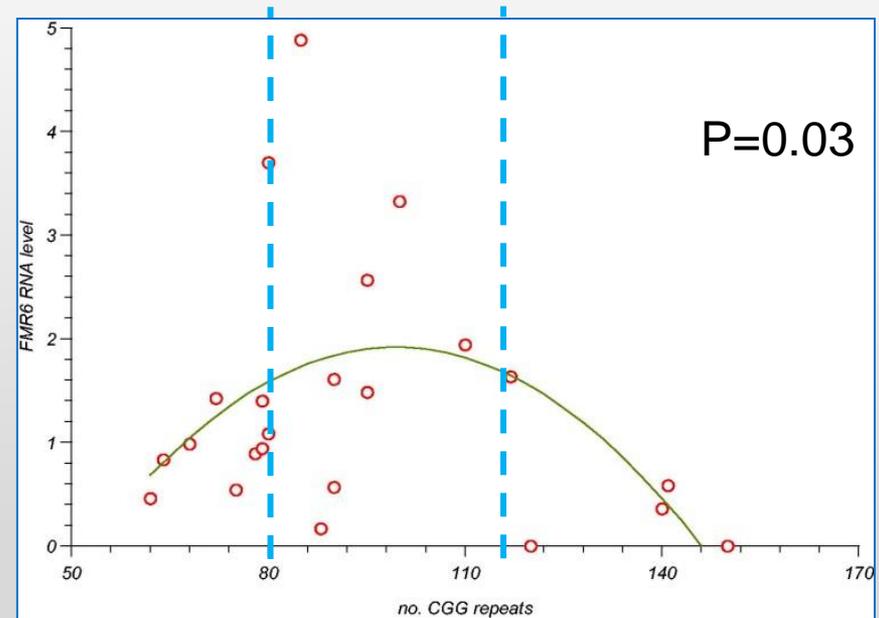
Clinical and laboratory characteristics of control and FMR1 premutation carriers groups

	FMR1 premutation N=22	Control N=11	p value
Age [mean (SD) years]	31.9 (3.4)	31.3 (5.4)	n.s.
Parity (median)	0	0	n.s.
Mean FSH (IU) (basal) (SD)	9.3 (3.5)	6.6 (1.2)	0.01
Mean LH (IU) (basal) (SD)	4.5 (2.2)	5.0 (1.7)	n.s.
Mean basal FSH/LH ratio (SD)	2.5 (1.3)	1.4 (0.5)	0.01
Mean estradiol (basal) (pmol/L) (SD)	153 (53)	161 (71)	n.s.
Mean total gonadotropins used in stimulation (IU) (SD)	2730 (1274)	1803 (1062)	0.06
Mean duration of stimulation (days) (SD)	11.2 (2.8)	10 (1.7)	n.s.
Mean peak estradiol (pmol/L) (SD)	6464 (3005)	7930 (2412)	0.06
Mean no. oocyte retrieved (SD)	7.9 (4.8)	13.6 (6.5)	0.008
Mean no. embryo transferred (SD)	1.4 (1.2)	1.7 (0.8)	n.s.
No. of pregnancies	4	2	n.s.
Mean FMR1 repeats (range)	93 (64-150)	<55	

# Elevated levels of FMR6 mRNA in carriers in peripheral blood and granulosa cells



FMR6 vs number of oocyte retrieved



FMR6 vs CGG repeats



# The laboratory for Fertility Research

אוניברסיטת בר-אילן



Prof Yaron Shav-Tal



Olga Storobinsky

**Tarnesby-Tarnowski Chair for Family Planning and Fertility Regulation.**



# Thank you for listening



**IVF Unit**



Dr. Nicolas Charlet-Berguerand

3 rd International Conference on:  
**FMR1 Premutation:**  
**Basic Mechanism and Clinical Involvement**  
**JERUSALEM Sep 2017**



- FMR<sub>1</sub> premutation carriers are at increased risk for premature ovarian insufficiency leading to variable medical complications of early menopause and fertility loss.
- The presence of RAN translation protein product and high levels of FMR<sub>1</sub> and FMR<sub>6</sub> RNA in granulosa cells are associated with diminished ovarian response suggesting the role of RNA toxic gain of function and protein toxicity mechanism in FXPOI.
- Further exploration of the mechanism leading to ovarian damage in FMR<sub>1</sub> premutation carriers will hopefully assist in developing novel medications in order to prevent ovarian failure.